

Ann Mara Kositsky, R.N., Ph.N, MSN, PNP, CNS

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EDUCATION

- MS, Clinical Nurse Specialist in Ambulatory Family Nursing and Pediatric Nurse Practitioner UC San Francisco, 1984
- Bachelor's of Science in Nursing, San Francisco State University, 1974

PROFESSIONAL LICENSES

- Pediatric Nurse Practitioner Certification number 2836, granted by the California Board of Consumer Affairs since 1984
- Registered Nurse License number 250428, granted by the California Board of Consumer Affairs, since 1974
- Public Health Nurse License number 142624, granted by the California Board of Consumer Affairs, since 1974
- Current C.P.R. and First Aid Certified from American Red Cross

CLINICAL EXPERIENCE

- Registered Primary-care and Charge Nurse in Neonatal Intensive Care Units, Pediatric Intensive Care Unit, and Transport Programs
- Visiting Nurse Association Home Health Care Registered Public Health Nurse
- Private Nurse Consultant and Case Manager
- Private Hospice Nurse
- Clinical Specialist Nurse Instructor
- Parent-Child Health Education Instructor

EMPLOYMENT HISTORY

Private Duty, Case Manager and Hospice Care Nurse

October 1990 – June 2007

- Assess, plan, supervise care and/or provide direct nursing care for patient at home
- Help clients get necessary medical and other service care
- Assist clients by interpreting their medical conditions and research care options
- Work with the family to support home care

Instructor: Health Education Department, Kaiser, Walnut Creek, CA.

November 1991 - November 2000

- Taught classes on newborn care, development, safety and parenting to prospective and new parents

Instructor: Family Birth Place Education Center, Pacific Presbyterian Medical Center

November 1989 - November 1991

- Taught classes on newborn physical and emotional care, development, safety and parenting to prospective and new parents

Guest Lecturer: Graduate School of Nursing, University of California, San Francisco, CA

February 1984 - November 1991

- Lectured on a range of topics of pediatric illnesses and conditions to graduate nursing students in the Family Nurse Practitioner Program

Instructor: Albany Adult School, Albany, CA & Piedmont Adult School, Piedmont, CA.

September 1986 - November 1991

- Taught expectant and new parents about the newborn, infant and parental care and needs

Pediatric Nurse Practitioner: Native American Health Center, Oakland, CA

December 1983 - September 1987

- Provided primary health care to children birth to eighteen years of age
- Developed procedures and forms to aide in physical examinations and anticipatory guidance
- Coordinated and communicated health, social and medical needs of client with staff and parents

Registered Nurse, Tertiary Level Neonatal Intensive Care Unit Mount Zion Hospital

September 1976 - March 1983

- Appointed Charge Nurse for the Neonatal Intensive Care Unit
- Primary Intensive Care Nurse to infants and their families
- Newborn Transport Team Member

PUBLICATIONS

Book: Harrison, H. and A. Kositsky. 1983, 1986, 1990. *The Premature Baby Book: A Parents' Guide to Coping and Caring in the First Years.* St. Martin's Press, New York, USA.

Report: Lewandowski, L.A., and A. Kositsky. 1982. *Identification of Priorities in Critical Care Nursing Research: A Delphi Study.* Commissioned and funded by the American Association of Critical-Care Nurses.

Journal Article: Lewandowski, L.A., and A. Kositsky. 1983. *Research Priorities for Critical Care Nursing.* Heart and Lungs **12**(1), 35-44.